



IV Sedation Pre- Operative Instructions

Appointment Preparations

- The day before your procedure, have dinner at your normal dinner hour. Please do not wait until just before midnight to eat a large meal.
NOTE: You are to have **nothing** past your lips after midnight: no gum, mints, cigarettes, cough drops, food, or beverages. Nothing to eat, drink, smoke, chew, suck on, or swallow.
- If you are taking any medications, herbal supplements, or diet pills please discuss whether or not to discontinue them with AWC medical staff.
- Please avoid all mind-altering substances, like marijuana and street drugs, for at least 48 hours prior to your appointment.
- Do not take aspirin or any aspirin-based medications (Alka Seltzer, Bayer, Excedrin, Pamprin, Pepto-Bismol) for at least 48 hours prior to surgery, because they interfere with blood clotting.
- If you develop a cold or fever before your appointment, please contact our office immediately. Illness or infection may require us to reschedule your appointment.
- Please take a shower or bath in the morning before you arrive.
- Do not wear jewelry, including lip and tongue rings.
- Bring or wear a pair of socks, as well as a pair of underwear that you can comfortably fit a pad into.
- Plan to be in the office for a **minimum of 6 hours** on your procedure day, and please try to arrive on time. If you are more than 15 minutes late without a call, we may need to reschedule your appointment.
- We ask that you do not bring any small children with you to your appointment.
- We do not allow large bags, like backpacks or duffel bags, into the waiting room.
- No food or drink is allowed into the clinic, as many of our patients are fasting.
- Cell phones, tablets, and other electronic devices may be used in the waiting room, but they must be turned off and put away in all medical and counseling areas.
- If you cannot keep your appointment, please notify us as soon as possible so that we may make it available to another patient.

Transportation Policy

Because you have chosen to receive IV sedation during your procedure, it is important that you have a driver with you on your appointment day.

This person must:

- Present their driver's license to the front desk upon arrival
- Sign a driver agreement form, making them responsible for your safe transportation home
- Remain on AWC property for the duration of your appointment