



**Allentown Women's Center** • toll free 877-342-5292

## Local Anesthesia Pre-Operative Instructions

### Appointment Preparations

- If you are taking any medications, herbal supplements, or diet pills please discuss whether or not to discontinue them with AWC medical staff.
- Please avoid all mind-altering substances, like marijuana and street drugs, for at least 48 hours prior to your appointment.
- Do not take aspirin or any aspirin-based medications (Alka Seltzer, Bayer, Excedrin, Pamprin, Pepto-Bismol) for at least 48 hours prior to surgery, because they interfere with blood clotting.
- If you develop a cold or fever before your appointment, please contact our office immediately. Illness or infection may require us to reschedule your appointment.
- Please take a shower or bath prior to your appointment.
- Do not wear jewelry, including lip and tongue rings.
- Bring or wear a pair of socks, as well as a pair of underwear that you can comfortably fit a pad into.
- Plan to be in the office for a **minimum of 6 hours** on your procedure day, and please try to arrive on time. If you are more than 15 minutes late without a call, we may need to reschedule your appointment.
- We ask that you do not bring any small children with you to your appointment.
- We do not allow large bags, like backpacks or duffel bags, into the waiting room.
- No food or drink is allowed into the clinic, as many of our patients are fasting.
- Cell phones, tablets, and other electronic devices may be used in the waiting room, but they must be turned off and put away in all medical and counseling areas.
- If you cannot keep your appointment, please notify us as soon as possible so that we may make it available to another patient.

### Transportation Policy

If you have chosen to receive anxiety medication to help you relax during your procedure, it is important that you have a driver with you on your appointment day.

This person must:

- Present their driver's license to the front desk upon arrival
- Sign a driver agreement form, making them responsible for your safe transportation home
- Remain on AWC property for the duration of your appointment